

# A Pilot Study to Investigate Concerns in Patients Undergoing Neck Dissection Surgery

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# Introduction

- Oropharynx cancer is increasing in Canada
- Patients have a wide array of concerns
- Need to identify importance of these concerns at different phases of treatment



# **Objectives**

- Identify importance of patient-reported concerns across 3 time points during treatment: Pre-surgery, Discharge and 1month Post-surgery
- Determine cross-sectional validity of Patients Concerns Inventory-Level of Importance questionnaire



# **Methods**

- Prospective cohort study, March to August 2013 at London Health Science Centre (Victoria Campus), London, CANADA
- Inclusion criteria
  - Adult patients with head and neck cancer
  - Scheduled for neck dissection surgery
- Exclusion criteria
  - Patients with language and comprehension barriers



- Outcome Measures
  - Patient Concerns Inventory-Level of Importance (PCI-LOI)
  - University of Washington-Quality of Life Scale (UWQOL)
  - Shoulder Pain and Disability Index (SPADI)
  - Neck Dissection Impairment Index (NDII)



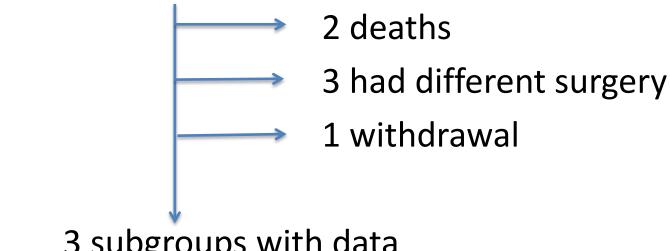
# **Pre-surgical Characteristics**

Participants	n=40
Age, years (min-max)	62.1 (32-90)
Gender, n(%)	
• Male	23 (57.5)
Surgery, n(%)	
Radical	7 (18.4)
Modified radical	24 (63.2)
• Selective	6 (15.8)

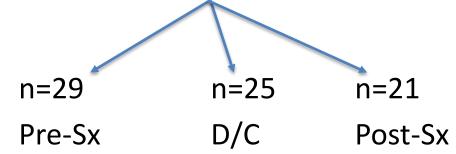


# **Enrollment**

40 enrolled at pre-sx



3 subgroups with data





# **Analysis**

#### Objective 1

 median scores of PCI-LOI at Pre-surgical, Discharge and 1-month Post-surgery

#### Objective 2

Kruskal-Wallis for determining patient-reported outcomes across all 3 time points

#### Objective 3

Spearman correlation coefficient for cross-sectional convergent validity of PCI



# Results

## Top 3 Concerns on PCI-LOI

CONCERNS					
	Pre-surgery	Discharge	1-month		
RANK					
1	Anxiety	Appearance	Appearance		
2	Appearance+Activity	Pain+Speech	Shoulder		
3	Mood+Swallowing	Shoulder+Activity	Swallowing+Activity		



#### **Relation between PCI-LOI and UWQOL**

#### **UWQOL**

	Pre-surgery	Discharge	1-month
PCI-LOI			
Physical Function	-0.20	-0.55*	-0.42
Social Care	-0.10	-0.43*	-0.42
Psychological, Emotional, Spiritual	-0.11	-0.45*	-0.45*
Total Score	-0.15	-0.48*	-0.43*

<sup>\*</sup>p<.05



#### **Correlation between PCI-LOI and SPADI**

		SPADI	
PCI-LOI			
	Pre-surgery	Discharge	1-month
Physical Function	0.27	0.40*	0.62*
Total Score	0.31	0.45*	0.57*



# **Discussion**

- Top Patient Concerns for neck dissection surgery:
  - "Shoulder" concerns arise at Discharge

☐ Validity of PCI-LOI supported at Post-SX timepoint



### **Future Research**

- Identify changes in patient concerns at presurgery, 1-month, 3-month and 6-month post surgery
- Further evaluation of PCI-LOI as a practical tool



# We acknowledge:

- Our patients for their efforts
- Simon Rogers for the use of his PCI

